



GERMS AWAY...

Hand Washing

1

Use **soap** and **warm water**



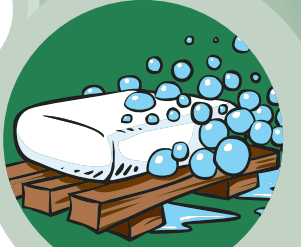
2

Wash **hands** for at least **20 seconds**



3

Clean between **fingers, thumbs,** under **nails** and under **jewellery**



4

Rinse under water



5

Dry hands with a **paper towel** or **air blower**

